

# Let shine

The latest gloss from Bourjois provides hydration, a soothing effect and a crystal-like shine for truly kissable lips.

**Bourjois BB Gloss,**  
Dhs63, Boots



## HEY HONEY!

## good looks

This wonderful shampoo not only smells delicious, but it is more than 50 per cent Fair Trade honey and 20 per cent linseed mucilage, both of which moisturise and add shine to your locks.

**Lush Fair Trade Honey Shampoo**  
(300g), Dhs200, Lush Dubai Mall



GoodTaste Loves

# beauty news

## BE KIND

*Human+Kind all-in-one chemical-free cleanser delivers soft, clear and clean skin. Its hard-working formulation exfoliates dead skin cells, cleanses and moisturises to give skin an overall natural, radiant glow.*

**Human+Kind All-in-One Wash Off Facial Cleanser with reusable deep cleansing cloth,** Dhs80, Milk & Honey



## Hydrating colour

This fab new lipstick from L'Oréal comes in 12 vibrant shades. Each lipstick includes jojoba butter ensuring lips are kept looking colourful and feeling soft and hydrated.

**L'Oréal Caresse by Color Riche,** Dhs70, Boots



## Fake it

Give your skin a golden glow with Vita Liberata – hailed as the 'must use' sunless tanning range by celebrities such as Kelly Brook and Holly Valance. The range boasts a professional line-up of pre- and post-tanning treatments to give you a sexy touched-by-the-sun glow. The organic products are enriched with natural ingredients, leaving your skin looking and feeling soft and smooth.

**Vita Liberata Deep Silken Touch Body,** Dhs160, The Cure Media City



## DAY AND NIGHT

Nuxe have created a cream that helps smooth wrinkles and fine lines, while restoring the skin's plump appearance. Maca root activates the microcirculation, while cocoa cells and olive leaves even out the complexion. It can be used morning and night and is effective for normal or combination skin.

**Nuxellence Jeunesse Youth and Radiance Revealing Fluid,** Dhs334, leading pharmacies



tried & tested

Mum-to-be special

As any expectant mum will testify, even simple tasks like washing your hair can become a personal Everest in the last few weeks of pregnancy. The Organic Glow Beauty Lounge has therefore come up with the ideal package for mamas-to-be, combining a deep-conditioning hair treatment, wash and blow dry and mani-pedi – all of which are performed using environmentally conscious products for total peace of mind. The two-and-a-half hour 'Green Bellies' treatment starts with a gentle hair wash, followed by the application of a nourishing hair mask. During the application I am treated to a head, neck, shoulder and arm massage that leaves me in a Zen-like state for the

rest of the day. Next, I am gently guided down the corridor by my therapist whose next task is a heavenly manicure and pedicure. Despite being toxin free, Zoya nail polishes come in a wide variety of colours. Once my nails are dry, the hair mask is rinsed out and my now silky soft locks are blow-dried to perfection. As I am about to leave the salon, a spring back in my step for the first time in weeks, I am handed a little gift pack consisting of a homemade body scrub and bottle of Zoya nail varnish to continue my organic pampering experience back at home – a heavenly end to a blissful afternoon. *Reviewed by Polly Sweet Green Bellies, Dhs550, The Organic Glow Beauty Lounge, Al Wasl; 04 380 4666*



The Organic Glow Beauty Lounge

**winner!**  
THE PHILOSOPHY CREAM THANKS TO ITS EVEN COVERAGE AND ALL-DAY DEWY GLOW.

**Great deal**  
iGlow Beauty Lounge is offering a complimentary blow dry with every manicure and pedicure purchased.  
**iGLOW Beauty Lounge, JLT, Dhs110, Cluster D, Ground floor; 04 420 9667**



TOP SPA OFFERS

**PAMPER YOURSELF**

The Cure's limited-edition 'Date night pamper box', for Dhs350, will get you ready for a date with that someone special. The pamper box will leave you with silky legs from a full leg waxing session, you will also be twinkling from tip to toe with a manicure and pedicure. Plus your gorgeous self will be calm, cool and collected after you've experienced a sensational 30-minute back massage. **The Cure, Dubai Media City; 04 391 6485**

**A TREAT FOR TWO**

Head to SensAsia Urban Spa at Emirates Golf Club and take advantage of their Valentine's offer. Enjoy lunch for two at M's and a treatment of your choice. We love the gorgeous treatment, Bee My Honey, a softening honey-based body scrub, followed by a warm milk, honey, black sesame and almond oil wrap, and topped off with a 60-minute massage. Heavenly! **Bee My Honey plus lunch, Dhs1,375, SensAsia Urban Spa; 04 417 9820**

**TWICE THE ROMANCE**

Make a date this February at The Spa, The Address Dubai Marina and bring your loved one along for some good old-fashioned pampering. Choose from one of three special couples-only packages including the 'Couple's escape' – 100 minutes of relaxation thanks to his and her's facials and an aromatherapy massage. **The Spa, The Address Dubai Marina, Couple's Escape Dhs1,599, valid throughout February; 04 436 7777**

Garnier Miracle Skin Perfector daily all-in-one BB cream

Combining a moisturiser, SPF15 sunscreen and light foundation, this great-value cream slipped on like silk. What I loved about this cream is that it gave my skin a radiant boost and evened out the blotches and blemishes without having to put a 'full face' on. On the downside the coverage was a bit too light and so I felt I had to reapply later in the day.



Garnier Miracle Skin Perfector, Dhs30, leading pharmacies

*Splurge or save*

We try and test BB creams

*Reviewed by Karen Iley*

Philosophy Be Your Best skin perfecting BB cream

A multi-functional product combining primers, SPF and moisturisers, this cream certainly delivered on its promise of flawless-looking skin. Just a tiny bit disguised all imperfections to leave a translucent finish and beautiful, even skin tone. It is a little heavy, so be careful not to apply too much as you could look 'cakey'. I received several comments on how radiant my skin looked and so it gets two thumbs up from me.



Philosophy Be Your Best skin perfecting BB cream, Dhs140, Sephora



The 'Date night pamper box' contains fab treatment vouchers